



2 Day Introductory Biodynamic Workshop Program:

Day 1

- 9.00 Welcome and Introduction
- questions that you bring.
- Introduction to Biodynamics.
- 9.30 Natural Soil Fertility- Soil Food Web -
- making humus
 - developing soil structure and
 - building soil fertility.
- 10.30 Morning tea
- 11.00 Biodynamic Preparations - their connection to the soil food web and soil fertility.
- Biodynamic field sprays: Horn Manure 500, Horn Silica 501,
 - Biodynamic compost preparations: Yarrow 502, chamomile 503, Nettle 504, Oak Bark 505, Dandelion 506, Valerian 507, Equisetum 508
- 12.30 Lunch
- 1.30 Managing Practical Applications:
- Developing on farm fertility methods
 - Building a Compost Heap
- 3.00 Afternoon Tea
- 3.30
- Manure Concentrate
 - Seaweed tea
 - Effluent management
- 5.00 Finish

Day 2.

- 9.00 Discussion and review
- 9.30 Climate risk management:
- Reading the rhythms and pulses of the planetary cycles
 - Presentation of the Moon cycles and their significance: Waxing/Waning Moon, Ascending/Descending Moon, Perigee/Apogee Moon, Moon Nodes, Moon opposition Saturn
- Morning Tea
- 11.00 Production Management
- Managing your natural resources - soil, humus, water, soil biodiversity, pasture grasses and trees.
 - Managing weeds -getting their message
 - use of peppering and weed teas.
 - Animal health issues
- 12.30 Lunch
- 1.30 Planning of Application
- Water, stirring and application of Biodynamic Preparations
 - Making a Vortex, using hands, machines and flowforms
 - Application: Spray systems, pumps and calibrating, spray nozzles.
- 3.00 Afternoon Tea
- 3.30
- Getting started
 - Developing a seasonal activity and spray program
 - Calculating preparation requirements for your farming enterprise.
 - Review and questions
- 5.00 Close