



## INTRODUCTION TO BIODYNAMICS FOR HOME GARDENERS

### One day program

- 9.30 Welcome and Introduction
- questions that you bring.
- Overview of Biodynamics.
- Biodynamic Preparations - their connection to the soil food web and soil fertility.  
Biodynamic field sprays: Horn Manure 500, Horn Silica 501,  
Biodynamic compost preparations: Yarrow 502, chamomile 503,  
Nettle 504, Oak Bark 505, Dandelion 506, Valerian 507, Equisetum 508
- 10.30 Morning tea
- 11.00 Climate risk management:  
Reading the rhythms and pulses of the planetary cycles  
Presentation of the Moon cycles and their significance:  
Waxing/Waning Moon, Ascending/Descending Moon,  
Perigee/Apogee Moon, Moon Nodes, Moon opposition Saturn.
- 12.30 Lunch
- 1.30 Making garden compost
- 2.30 Afternoon Tea
- 3.00 Stirring and applying the biodynamic preparations
- Review opening questions
- 4.30 Finish